



DAILY DEVOTION

Matthew 6v11 "give us this day our **daily** bread"

06 January 2020

Planning To Build

**Proverbs 15v22** *"Without counsel, plans go awry, But in the multitude of counselors they are established."*

Welcome to DAY 1 of our Week of Prayer and Fasting for 2020, the year to BUILD (2.0). It is my prayer that God will grant you the grace, wisdom and anointing to BUILD (to develop something over a period of time). I am challenging you to pray and look at areas of your life, family and calling (career, business/ministry) that require attention and development, and write down things you are going to do in order BUILD in those areas. It is also important that you set sometime aside to plan for what you want to BUILD, and to also identify people (good friends, leaders, etc.) who have your best interest at heart and can give you wise counsel and help you develop a plan (simple and easy to follow) for what you want to BUILD (**Proverbs 15v22**). This plan will help you prepare properly for what you want to BUILD and achieve. David had it in his heart to BUILD a house for the ark of the covenant (**1<sup>st</sup> Chronicles 28v2**), and he prepared for it by developing plans for it, and he later gave them to his son Solomon to build it (**1<sup>st</sup> Chronicles 28v11-12**).

Take note that David prepared according to what was first in his heart, this means you must first have a vision in your heart of what you want to build before you can properly plan and prepare for it. This vision must then be clearly written down as a plan so that it can drive you to action. The bible says, *"I will stand my watch And set myself on the rampart, And **watch to see** what He will say to me, And what I will answer when I am corrected. Then the LORD answered me and said: **"Write the vision And make it plain** on tablets, That he may **run who reads it**. For the vision is yet **for an appointed time**; But at the end it will speak, and it will not lie. Though it tarries, **wait for it**; Because it will surely come, It will not tarry."* **Habakkuk 2v1-3**. Do not be in a hurry to see what you are planning to BUILD come to pass, but patiently carry out your plan one step at a time, and over a period of time and it will surely yield results. *"The **plans of the diligent** lead surely to plenty, But those of everyone **who is hasty**, surely to poverty."* **Proverbs 21v5**.

#### PRAYER POINTS:

1. Thank God for the new year and an opportunity to BUILD your life, family and calling.
2. Pray that God will show you areas of your life, family and calling that require development and to help you develop a relevant plan for this year.



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3. Pray that He will show you people who can give you wise counsel on your plans for this year and hold you accountable.
4. Pray that your plans will be established and lead you to a prosperous year.
5. Pray for your family members to be saved!

**DAILY DECLARATION:** I declare that this year I am going to BUILD my life, family and calling by the grace, wisdom and anointing I receive from the Lord. I have the mind of Christ to develop a plan that will help me achieve this, and the Lord will connect me with the right people who will help me BUILD this year and beyond, in Jesus' name, amen!

#### SUPPLEMENTARY NOTES ON PRAYER AND FASTING:

PRAYER is one of the most important Christian practices that all believers are required to habitually observe, especially in order to make their walk with God to be more real and meaningful. The bible clearly tells us that we are supposed to pray: "**pray without ceasing,**" **1st Thessalonians 5v17**; "**praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints**" **Ephesians 6v18** and "**Continue earnestly in prayer, being vigilant in it with thanksgiving;**" **Colossians 4v2**. Prayer empowers us to accomplish and achieve things that can only be effected by God from the supernatural realm, that is why the bible also encourages us to couple our prayers with fasting at times (**Mark 9v29**), because fasting intensifies our prayers.

Fasting is basically to abstain from food so that we can focus more on God and spiritual things. As God's creatures, we are spirit beings and have a soul and live in a body. The body (the flesh) is that part of us that connects us to the world, and it has desires that are contrary to God (**Ephesians 2v3; Romans 8v7**), especially if our spirit, which connects us to God, is not in sync with His Spirit. Therefore, fasting helps us to subdue the flesh and its desires (**James 4v4; 1st Corinthians 9v27**), so that we can connect with God in our spirit in a better way. Fasting sharpens our spiritual senses and helps us to hear from God and receive guidance from Him. During the time of fasting and prayer, it is always advisable to also avoid things that takes your focus away from God and focus more on things that will help cultivate your relationship with God (**Psalms 119v37**). During this week, take some time to pray, read the word, live in an atmosphere of worship (always listening to praise and worship music that is more devotional), and to listen to different messages that will strengthen your inner man (**Colossians 3v16; Ephesians 3v16**); and keep a journal and write down things that comes to your spirit as you pray and read God's word.